

May 10, 2014

To: Parents of Boulder Creek 7th and 8th Grade Students

From: Dale Porter, Boulder Creek Principal

RE: Heritage Keepers Program

I am encouraged to announce that 7th and 8th grade students will have the opportunity to be exposed to Heritage Keepers Abstinence Education Program. I have attached a description of the program. You can find more information on the program by Google searching Heritage Keepers Abstinence Education.

This program has been presented to and approved by the Boulder Creek School Site Council and Boulder Creek Booster Club.

I encourage you to allow your son or daughter to participate in this program. Heritage Keepers will be presented to 7th and 8th grade students on Tuesday, May 13, Wednesday, May 14 and Thursday, May 15.

Please sign and return this form if you would like your son or daughter to participate in the Heritage Keepers Program. The program will be presented during 7th and 8th grade Science.

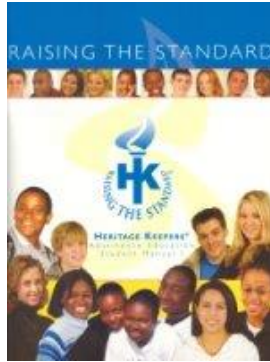
Student Name _____

Parent Signature _____

Date _____

This Form Needs to be Returned by Tuesday, May 13

Heritage Keepers Abstinence Education



Heritage Keepers Abstinence Education I (grades 6-12))

The curricula were developed to equip and empower adolescents to abstain from sexual activity outside of marriage. They can be effectively implemented as stand alone programs, or used as part of a more systemic process model with additional school and community-based components.

The goal of the Heritage Keepers Abstinence Education program is to reduce the number of teens initiating sexual activity and increase the number of sexually active teens returning to abstinence. Heritage uses [theoretical models](#) and various methodologies in program implementation. The Heritage Keepers® Abstinence Education program encourages teens to develop a strong sense of personal identity and worth, set protective boundaries, resist negative peer pressure, determine and protect personal values and goals, and set high standards for themselves. A significant amount of the curriculum focuses on reproduction and [sexually transmitted diseases \(STDs\)](#), specifically discussing STD symptoms, treatments/cures, and prevention (all with information provided by the Office of Adolescent Pregnancy Prevention and approved for medical accuracy). Condom efficacy is also explained in relation to each STD.

Heritage Keepers educators are trained to address the varying levels of sexual experience among teens including sensitivity to those who may have been sexually assaulted or abused. This holistic curriculum has received overwhelmingly positive feedback from students who have gone through the course, with post program interviews indicating that more than 90% of participating students strongly liked the program and instructor and would recommend it to a friend.

The Heritage Keepers curriculum has been approved by the US Department of Health and Human Services, Office of Population Affairs, for medical accuracy and scientific referencing. Heritage ensures that the curriculum is research-based with over 80 references from widely accepted social science research to support curriculum information. The Heritage Keepers® curricula have long been approved by the National Abstinence Clearinghouse for adherence to federal A-H legislative requirements for abstinence education as set forth in [Section 510\(b\) of Title V of the Social Security Act](#). The Heritage Keepers® program also meets all 66 standards of the [CDC-funded SMARTool](#) (Systematic Method for Assessing Risk-avoidance Tool).

